



**Pregnancy**

**Outcome**

**Prediction Study:**

*Trans-generational  
and Adult Review*

## **Information for Children (aged 8 – 11 years)**

We are a group of doctors, nurses and scientists at the University of Cambridge. This information sheet explains about our research project called POPStar. We'd like you to know why we are asking you to help and what it will involve for you.



**What is research?**

Research is a way we try to find out the answers to questions when we don't know enough.

**Why is this project being done?**

Sometimes grown-ups and children become unwell. We want to understand why some people become unwell but other people don't. We want to know if the way people grow and develop as babies before they are born are important reasons.

**Why me?**

We need to collect information about young people before they are born and after they are born. Because your mum helped with a research project called the POP Study when she was pregnant with you, this means that we have information about your health and development before you were born.

**What will happen if I take part?**

If you take part, you won't need to do anything at all.

Some places like the hospital may already have information about you. For example, they will have information about whether you needed to see the doctor in the past, how you are getting on at school, and whether you have ever had to stay in hospital. If you take part, we will ask them for information about you.

**What will happen next?**

In the future, we may contact you to take part in other research projects. We will give you and your family full information about the study and be clear about what is involved. You will be free to decide whether or not you want to take part. You don't have to take part in anything if you don't want to.

**Do I have to take part?**

No! Taking part is up to you. It's ok if you don't want to take part.

**What's good about taking part?**

Taking part will help us learn more about why some children get poorly and some don't. This may help us come up with ways to help children who are poorly in the future.

### **Will anyone else know I'm doing the research?**

The people doing this research will know you are taking part. Nobody else will know because instead of using your name, we will use a special number on the documents we keep about it.

### **What if I don't want to do the research anymore?**

It's ok if you decide to help us and then change your mind. Just tell your mum, dad or carer at any time.

### **What happens to what the researchers find out?**

We will let other researchers, doctors and nurses know by giving them the information at meetings. We will also put the information in medical magazines that researchers, doctors and nurses read. Nobody will be able to know from the meetings and magazines that you have taken part. You'll be able to read about everything we found out on this website. If you would like to, we will also write to you to tell you the results.

### **How can I find out more about the research?**

Your mum, dad or carer may be able to answer your questions for you. You can also ask a grown-up to contact the researchers to answer your questions.

For more information, please contact the POPStar research team:

### **POPStar Research Team**

Email: [popstarstudy@medschl.cam.ac.uk](mailto:popstarstudy@medschl.cam.ac.uk)

Web: <http://www.thepopstarstudy.co.uk>

